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Care Following Neck Surgery

1. Your incision will have stitches or staples and you will have one or two drain tubes.
2. You can return to a normal diet immediately.
3. Apply antibiotic ointment on sutures and drain site(s) two times a day.
4. If you have a dressing on the wound please remove it the day after surgery.
5. It is ok to shower from the collar down until the drain(s) come out. Once the drain(s) are removed , it is okay to shower, but do not take a bath or swim until 7 days after surgery.
6. No rigorous exercise or activities for 10 days after surgery. No restrictions on physical activity after 10 days.

Please call the office to schedule your post operative appointment if you haven't already.